## **MEZZE STYLE MENU**

REGENT'S | Conferences & Events

Minimum order of 10 people.

Choice of 6 items per person £13.95 Choice of 8 items per person £17.50

A new healthy alternative to sandwich lunches - a mezze style selection of vegetarian dishes, with a vegan menu available upon request. **Please select half of the items from the standard selection and the other half from the premium selection**.

## Standard

- Selection of flat breads
- Pickled vegetables: carrot, radish, cucumber, cauliflower and chillies
- Crudites platter with a selection of dips
- Salad selection (red cabagge, lettuce, carrot, cucumber or onion choice of two)
- Slow cooked cherry tomato selection marinated with herbs
- Fresh grain and vegetable super salad with herbs (recommended)
- Pan fried spiced mixed beans and chick peas

## **Premium**

- Italian cheese and vegetables bruschetta
- Stuffed vine leaves of aromatic rice
- Chickpea falafels accompanied with a variety of dips
- Mixed herb and broccoli frittata
- Mediterranean cheese and olives served with flat bread
- Beetroot, roasted pepper or spinach hummous with vegetable crudités
- Crispy filo roll filled with spinach and ricotta and served with a herb infused oil

Extra standard item £2.00 Extra premium item £2.95







Kindly note that all prices quoted are per person and are exclusive of VAT